

Coos County Youth Sports

Code:Ph

Adopted:6/20/2020

Readopted:2/8/2022 5/7/2023

Physical Examinations of Athletes

CCYS recommends that all participants initially enrolling have a physical examination. Parents will be asked to complete a Health History form when initially enrolling their player/participant into each CCYS sports season and be required to sign the medical waiver before completing the registration process.

“Participation,” as used in this policy means participation in sports practices, CCYS events and sports competition. The physical examination must be conducted by a physician possessing an unrestricted license to practice medicine, a licensed naturopathic physician, a licensed physician assistant, a certified nurse practitioner, or a licensed chiropractic physician who has clinical training and experience in detecting cardiopulmonary diseases and defects.

The examination should be performed no earlier than June 1 of the preceding year. Participants who continue to participate in sports in grades 7 through 12 should complete a physical examination once every two years, thereafter.

Participants are required to submit to CCYS a Sports Pre-Participation Examination form prior to their participation or they must successfully complete our Online CCYS medical release and waiver form. This form is to be completed and signed by a parent or guardian giving clearance and permission to participate and authorizing emergency medical treatment and/or transportation to a medical facility, as necessary. CCYS shall require a participant have an additional physical examination if he or she is diagnosed with a significant illness, injury or has had major surgery, prior to further participation in sports.

END OF POLICY

Legal Reference(s):

[ORS 332.107](#)

[ORS 336.479](#)

[OAR 581-021-0041](#)

OREGON SCHOOL ACTIVITIES ASSOCIATION, OSAA HANDBOOK.

Cross Reference(s):

IGDH - Type 20 Bus Use by Student Groups and "Out-of-Season" Activities